**Sample 1:**

**Opting for public transportation is one of the most impactful actions individuals can take for environmental preservation**.

Automobile emissions are a significant contributor to air pollution and global warming. Peak hour traffic exacerbates air quality, releasing sulfur dioxide and fine particles. This pollution leads to increased respiratory diseases, including asthma and lung cancer.

**Therefore, by forgoing the convenience of personal vehicles for buses and subways, we can substantially reduce vehicular pollution.** A notable example is Beijing, where limiting private car usage resulted in a marked decrease in atmospheric pollutants, particularly PM2.5, and a reduction in asthma cases. This policy also alleviated the city's notorious smog.

**In conclusion, using public transportation is the most environmentally friendly choice individuals can make.** This simple yet effective action has the potential to significantly improve air quality and public health.（134字）

Sample 2:

In the quest for environmental conservation, beyond recycling, **diverse strategies emerge.** Student One advocates for the boycott of environmentally harmful products, like single-use plastics. This approach not only spares the time and effort involved in recycling but also allocates more resources for additional eco-friendly initiatives. Student Two, on the other hand, emphasizes tackling existing pollution. Planting trees, for instance, serves as an effective method to purify the air.

Both perspectives converge on the crucial goal of environmental protection. While one focuses on prevention through conscious consumer choices, the other addresses the remediation of current environmental challenges. **Combining these two approaches could potentially offer a more comprehensive and effective solution to environmental conservation,** harnessing the strengths of both prevention and cure.

Ultimately, integrating diverse methods can lead to a more sustainable and healthier planet. 133 words

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Criterion | 5 | 4 | 3 | 2 | 1 | Notes [good and bad points] |
| Relevant and well-elaborated explanations |  |  |  |  |  |  |
| Relevant and well-elaborated examples and/ or details |  |  |  |  |  |  |
| Effective use of a variety of syntax |  |  |  |  |  |  |
| Effective use of a variety of precise, idiomatic word choice |  |  |  |  |  |  |
| Almost no lexical or grammatical errors |  |  |  |  |  |  |
| Overall score: |  | | | | | |